



United States Department of Agriculture

# School's Out!

## POWER UP

### for Summer Fun!



Did you know there are free activities and meals available in your community for your kids and teens this summer?

**Find a site near you!**

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**Call: 1-866-348-6479**

**Visit: [www.fns.usda.gov/summerfoodrocks](http://www.fns.usda.gov/summerfoodrocks)**

**Text: "Summer Meals" to 97779**

No cost or enrollment required.  
Open to all children under 18.

